SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30AM - Excercise w/Darlene 10:00AM - Words with Friends Game 11:00AM - Karaoke Hour 12:00PM - Lunch 2:00PM - Trivia w/ Darlene 3:00PM - Inflatable Bowling	**2** 9:30AM - Daily Chronicles 10:00am - Balloon Tennis 10:30AM- Music Circle 11:00AM-Parachute Exercise 12:00PM - Lunch 1:05PM - Fitness w/Jazz 4:00PM - Travel Documentary 4:30PM - Aroma Therapy & Hand Massages	**3** 10:00am - Morning Group Walk in the Garden 10:30am - Daily Chronicles 11:00am - Ring Toss 1:05pm - Exericise w/Jazz 2:00PM - Paint By Number 4:00PM - Puzzles	**4** 10:00AM - Daily Chronicles 10:35AM - Fitness w/Jazz 11:00AM - Patio Games 11:30AM - Craft Corner Workshop 12:00PM - Lunch 1:30PM - Popcorn & Movie **2:45PM - Casper's Park Scenic Drive** 4:00PM - Hand Massages	**5** 10:00AM - Daily Chronicles 10:30AM - Balloon Tennis 11:00AM - Water Color 12:00PM - Lunch 1:05PM - Exercise w/ Jazz **3:30PM - Parkinson's Support Group**	**6** 10:00am - Daily Chronicles 1:00pm - Afternoon Film 3:00pm - Walk in the Garden 6:00pm - Evening Film	**7** 10:00AM - Daily Chronicles 11:00AM - Time in the Garden 2:00PM - Afternoon Film
8 9:30AM - Excercise w/Darlene 10:00AM - Words with Friends Game 11:00AM - Karaoke Hour 12:00PM - Lunch 2:00PM - Trivia w/ Darlene 3:00PM - Inflatable Bowling 6:00PM Evening Movie	**9** 9:30AM - Daily Chronicles 10:00AM - Balloon Tennis 10:30AM - Music Circle 11:00AM - Parachute Exercise 12:00PM - Lunch 1:05PM - Fitness w/Jazz 2:00PM - Afternoon Film 4:00PM - Travel Documentary 4:30PM - Aroma Therapy & Manicures	**10** **9:45AM - Mission Viejo Scenic Drive** 11:30AM - Ring Toss 12:00PM - Lunch 1:05PM - Exercise w/ Jazz 2:00PM - Paint By Number 4:00PM - Puzzles	**11** 10:00AM - Daily Chronicles 10:35AM - Fitness w/Jazz 11:00AM - Patio Games 11:30AM - Craft Corner Workshop 12:00PM - Lunch 1:30PM - Popcorn & Movie 4:00PM - Hand Massages	**12** 10:00AM - Daily Chronicles 10:30AM - Balloon Tennis 11:00AM - Water Color 12:00PM - Lunch 1:05PM - Exercise w/ Jazz **2:30pm - Live music w/ Peter Seltzer** 4:00PM - Music Trivia w/ Darlene	**13** 10:00am - Daily Chronicles 1:00pm - Afternoon Film 3:00pm - Walk in the Garden 6:00pm - Evening Film	**14** 10:00AM - Daily Chronicles 11:00AM - Time in the Garden 2:00PM - Afternoon Film
15 9:30AM - Excercise w/Darlene 10:00AM - Words with Friends Game 11:00AM - Karaoke Hour 12:00PM - Lunch 2:00PM - Trivia w/ Darlene 3:00PM - Inflatable Bowling 6:00PM Evening Movie	**16** 9:30AM - Daily Chronicles 10:00AM - Balloon Tennis 10:30AM - Music Circle 11:00AM - Parachute Exercise 12:00PM - Lunch 1:05PM - Fitness w/Jazz 2:00PM - Afternoon Film 4:00PM - Travel Documentary 4:30PM - Aroma Therapy & Manicures	**17** 10:00AM - Morning Group Walk in the Garden **10:30AM -** Daily Chronicles 11:00AM - Ring Toss 12:00PM - Lunch 1:05PM - Exercise w/ Jazz 2:00**PM - Live Music w/Susan** 4:00PM - Puzzles	**18** 10:00AM - Daily Chronicles **10:30AM - Live Music w/Ricky** 11:00AM - Patio Games 11:30AM - Craft Corner Workshop 12:00PM - Lunch 1:30PM - Popcorn & Movie 4:00PM - Hand Massages	**19** **9:45AM - Irvine Regional Park Zoo & Picnic** 11:00AM - Water Color 12:00PM - Lunch 1:05PM - Exercise w/ Jazz 2:00PM - Afternoon Film 4:00PM - Music Trivia w/ Darlene	**20** 10:00am - Daily Chronicles 1:00pm - Afternoon Film 3:00pm - Walk in the Garden 6:00pm - Evening Film	**21** 10:00AM - Daily Chronicles 11:00AM - Time in the Garden 2:00PM - Afternoon Film
22 9:30AM - Excercise w/Darlene 10:00AM - Words with Friends Game 11:00AM - Karaoke Hour 12:00PM - Lunch 2:00PM - Trivia w/ Darlene 3:00PM - Inflatable Bowling 6:00PM Evening Movie	**23** 9:30AM - Daily Chronicles 10:00AM - Balloon Tennis 10:30AM - Music Circle 11:00AM - Parachute Exercise 12:00PM - Lunch 1:05PM - Fitness w/Jazz 2:00PM - Afternoon Film 4:00PM - Travel Documentary 4:30PM - Aroma Therapy & Manicures	**24** 10:00AM - Morning Group Walk in the Garden **10:30AM - Live Music w/Mike** 12:00PM - Lunch 1:05PM - Exercise w/ Jazz 2:00PM - Paint By Number 4:00PM - Puzzles	**25** 10:00AM - Daily Chronicles 10:35AM - Fitness w/Jazz 11:00AM - Patio Games 11:30AM - Craft Corner Workshop 12:00PM - Lunch 1:30PM - Popcorn & Movie 4:00PM - Hand Massages	**26** 10:00AM - Daily Chronicles 10:30AM - Balloon Tennis 11:00AM - Water Color 12:00PM - Lunch 2:00PM - Thanksgiving Documentary 3:00pm - Thanksgiving Craft	**27** 10:00am - Daily Chronicles 1:00pm - Afternoon Film 3:00pm - Walk in the Garden 6:00pm - Evening Film	**28** 10:00AM - Daily Chronicles 11:00AM - Time in the Garden 2:00PM - Afternoon Film
29 9:30AM - Excercise w/Darlene 10:00AM - Words with Friends Game 11:00AM - Karaoke Hour 12:00PM - Lunch 2:00PM - Trivia w/ Darlene 3:00PM - Inflatable Bowling 6:00PM Evening Movie	**30** 9:30AM - Daily Chronicles 10:00AM - Balloon Tennis 10:30AM - Music Circle 11:00AM - Parachute Exercise 12:00PM - Lunch 1:05PM - Fitness w/Jazz 2:00PM - Afternoon Film 4:00PM - Travel Documentary 4:30PM - Aroma Therapy & Manicures					

HERITAGE POINTE

LOVE LIFE AT EVERY POINTE

Memory Care ACTIVITIES

November 2026

27356 Bellogente Mission Viejo, CA 92691 November, 2026

POINTE OF VIEW

A Heritage Pointe Newsletter

STAFF NOVEMBER ANNIVERSARIES

Marla J. Siegal - General/administrative (11/01/2017)

Thank you for all your hard work behind the scenes!

RESIDENTS NOVEMBER BIRTHDAYS

Rita O. - November 2nd

NEW STAFF!

Bridget J. - Caregiver/Receptionist
Maravic A. - Caregiver
Darlene D.- Activities Coordinator of Memory Care and Sage
Jadda F. - Caregiver
Cerila D. - Caregiver

SPIRITUAL LIFE

Saturday, Nov. 7th, 14th, 21st, and 28th at 1:30PM
TRADITIONS: "Values You Didn't Know Are Jewish"

Every Friday at 4:15pm for Nov.
Shabbat Services

Every Saturday at 10:00am for Nov.
Shabbat Services

CONGRATULATIONS TO OUR NEW ACTIVITY DIRECTOR! AUSTIN FLORES

Congratulations to Our New Activity Director, Austin Flores!
We are delighted to congratulate Austin Flores on his new role as Activity Director at Heritage Pointe! With nine years of experience in senior living and a Bachelor of Science in Kinesiology with a focus in Gerokinesiology, Austin brings a passion for wellness, creativity, and enriching the lives of older adults. His senior living journey began right here at Heritage Pointe, where he first worked as a Fitness Coordinator, making his return especially meaningful.
"I'm truly excited to be back at Heritage Pointe! I look forward to building meaningful relationships with our residents, creating memorable experiences, and developing engaging activities that bring joy, connection, and purpose to everyday life."
Outside of work, Austin enjoys staying active and spending time with family and friends. As a former Division I track and field athlete, he values teamwork, wellness, and community.
Please join us in congratulating Austin and welcoming him into his new role! He looks forward to getting to know everyone and making wonderful memories together.

A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Dear Residents and Families,

As we welcome the cooler, more comfortable days of fall, it's the perfect time to enjoy all that our community has to offer. The changing season brings a wonderful opportunity to get together, reconnect with neighbors, and enjoy some of the activities and events planned for the months ahead.
We are also excited to welcome our new Memory Care & Sage Program Coordinator, Darlene Dao! We are delighted to have her join our community and look forward to the energy, creativity, and new ideas Darlene will bring to our activities program. Please join us in welcoming Darlene and introducing yourself when you have the opportunity.
Fall is a special time in our community—a time for friendship, fun, and making new memories. We hope you'll take advantage of the upcoming activities, gatherings, and opportunities to connect with your neighbors. Thank you for being such an important part of our community. Here's to a wonderful fall season filled with good times, good company, and plenty of reasons to smile!
Warmly,
Georgi

NOVEMBER SPECIAL EVENTS

11/05 Parkinson's Support Group

Join us for an evening of connection, support, and helpful resources

