SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00am-Chair Exercise (ch.1995) 10:30am-Wii Bowling (MR) **2:00pm-Entertainment w/ Bogart & Boyd (MR)** No Movies & Popcorn w/Beth Today	**2** 10:00am - Strength Mania w/Jazz (FC) **10:00am-Heritage Pointe: Stuffing with Heart (MPR)** 10:30am-Wii Bowling (MR) **1:00pm-Nail Polishing w/Lois & Joan (AR)** 2:30pm-Current Events w/Lois (MR) **3:00pm-Pool Table w/Jazz (Meet on 2nd floor, take elevator closest to gym)** **6:30pm-Bingo (MR)**	**3** 10:00am-Move & Groove w/Jazz (FC) 10:30am-Dot Art w/Cheryl (AR) 10:45am-Walking Club (NEW) (BUS) 3:00pm - Chair Yoga w/Jazz (FC) 3:00pm-Bingo! at Sage (SL) 6:30pm-Wii Bowling (MR)	**4** 10:00am-Strength Mania w/Jazz w/Jazz (FC) **10:30am - Gardening Club (SLP)** 1:15pm- Chair Excerise w/Jazz (SL) 3:00pm-Drum Circle w/Jazz (FC) 3:00pm-Popsicles (Cafe) **6:30pm-In the spotlight w/Betsy: Special Guest "Austin Flores, June Burk & Joyce Furman (MR)**	**5** 10:00am - Move & Groove w/Jazz (FC) 10:30am-Expressive Painting w/Maribeth (AR) 10:30am-Wii Bowling (MR) 10:45am-Exercise w/Jazz in Sage (SL) **1:00pm-Bingo (MR)** 2:30pm-Trivia w/Myra (MR) 3:00pm - Games w/Jazz in sage (SL) **3:30pm - Happy Hour (PAV)** **3:30pm-Parkinson's Support Group (MPR)**	**6** 10:00am-Scenic Drive (Lobby) 10:00am-Strength/Conditioining Class w/Jazz (FC) 10:45am-Sage Class w/Jazz (SL) **2:30pm-Outing!!! Trader Joes, Library, CVS, Cleaners, US Bank, Citibank (lobby)** 2:30pm-Chair Yoga w/Jazz (FC) **4:15pm-Resident Birthday Shabbat service w/Rabbi Sherman & Cantor Arie Shikler**	**7** 10:00am-Shabbat Service w/Rabbi Sherman (SYN) 1:30pm-Traditions w/ Rabbi Sherman (MR) 3:00pm-Sudoku w/Silvers (MR) 7:00pm-Holy Loopholes, Sess. #4 (MR)
8 10:30am-Wii Bowling (MR) 11:00am-Resident Lead Book Club (LIB) **2:00pm - Live entertainment w/ Jennifer Hart (MR)** NO Movies & Popcorn w/ Beth Today	**9** 10:00am-Strength Mania w/Jazz (FC) 10:30am-Wii Bowling (MR) 2:00pm-Art through the ages w/Maribeth (MR) 3:00pm-Bocce Ball w/Jazz (Meet at Golfing Put area) **6:30pm-Bingo (MR)**	**10** 10:00am-Move & Groove w/ Jazz (FC) 10:30am-Art of Coloring w/Diane (AR) 10:45am-Class w/Jazz at Sage (SL) 10:45am-Walking Club (Lobby) **1:30pm-November Celebration w/ Elias with love (MR)** **1:30pm-Brain Health & Beyond (MPR)** 3:00pm-Chair Yoga w/Jazz (FC) 3:00pm-Bingo at Sage (SL) **3:00pm-Kristallnacht: Art & Remembrance (MR)** **6:30pm-Live entertainment w/ Felson Palad (MR)**	**11** 10:00am-Strength Mania w/Jazz (FC) 10:30am-Veterans Day Special w/Vitas (MR) 1:15pm-Exercise w/Jazz (SL) 2:00pm-Travel Israel w/Gales (MR) 3:00pm - Sports Day w/Jazz (FC) 3:00pm-Popsicles (Cafe) **6:30pm-Wordle & More w/Silvers (MR)**	**12** 10:00am-Move & Groove w/Jazz (FC) 10:30am-Expressive Painting w/Maribeth (AR) 10:30am-Wii Bowling (MR) 10:45am-Exercise w/Jazz in Sage (SL) **1:00pm-Bingo (MR)** 2:30pm-Trivia w/Myra (MR) 3:00pm-Games w/Jazz in sage (SL) **3:30pm-Happy Hour (PAV)** **6:30pm-Live Entertainment w/Peter Seltser (MR)**	**13** 10:00am-Exercise Class w/Austin (FC) 10:00am-Scenic Drive (lobby) 10:45am-Sage class w/Jazz (SL) 1:30pm-Shmoozing w/Rabbi Sherman (MR) 2:30pm-Outing to Albertson's, Chase Bank, Wells Fargo (Lobby) 3:00pm-Fun Brain Activities w/Silver's (MR) 4:15pm-Shabbat Service w/Rabbi Sherman (SYN)	**14** 10:00am-Shabbat Service w/Rabbi Sherman (SYN) 1:30pm-Traditions w/ Rabbi Sherman (MR) 3:00pm-Saturday Discussion Group (MR) 7:00pm-Holy Loopholes, Sess.#5 (MR)
15 10:30am-Stretching w/Diane (FC) 11:00am-Wii Bowling (MR) (New Time) **1:00pm - Good Vibes Club w/ Diane (MR) (NEW)** 2:00pm - Live Music w/Ronnie Jayne (MR) **3:00pm - Card Games w/Diane in Sage (SL) (NEW)** NO Movies & Popcorn w/Beth Today	**16** 10:00am - Strength Mania w/Jazz (FC) 10:30am-Wii Bowling (MR) 10:30am - Greeting Cards (AR) 1:00pm - Nail Polishing w/Lois & Joan (AR) **2:30pm - Current Events w/Lois** 2:30pm-Pool Table w/Jazz (2nd floor, take elevator closest to gym) **6:30pm-Bingo (MR)**	**17** 10:00am - Move & Groove w/Jazz (FC) 10:30am - Dot Art with Cheryl (AR) 10:45am - Walking Club (NEW) (Bus) 2:00pm - Sports Talk w/Austin (MR) 3:00pm - Chair Yoga w/Jazz (FC) 3:00pm - Bingo in Sage (SL) 3:30pm - Happy Hour (PAV)	**18** 10:00am - Strength Mania w/Jazz (FC) 10:30am - Gardening Club (SLP) 2:00pm - Discussion w/Batia (MR) 3:00pm-Drum Circle w/Jazz (FC) 3:00pm - Popsicles (Cafe) NO GREETING CARDS TODAY	**19** 10:00am - Move & Groove w/Jazz (FC) 10:30am-Wii Bowling (MR) 10:30am-Expressive Painting w/Maribeth (AR) 10:45am-Exercise w/Jazz in Sage (SL) 1:00pm - Bingo (MR) 2:30pm - Trivia w/Myra (MR) 3:00pm - Games w/Jazz (SL) **3:30pm - Happy Hour w/ Winie (New Performer) (PAV)** 6:00pm-Resident Game Night: Rummikub (CR)	**20** **10:00am - Scenic Drive (lobby)** 10:00am - Exercise w/Jazz (FC) 10:30am-Flower Arranging (AR) **2:30pm-Exercise Bingo w/Jazz (FC)** **2:30pm-Outing to Albertson's, Chase Bank, Wells Fargo (Lobby)** **4:15pm - Shabbat Service w/Rabbi Sherman (SYN)**	**21** 10:00am - Shabbat Service w/Rabbi Sherman (SYN) 1:30pm - Traditions w/ Rabbi Sherman (MR) 3:00pm - Sudoku w/Silvers (MR) 7:00pm - Holy Loopholes Session #6
22 **10:00am-4pm - Hanakah Boutique Special Event** 11:00am-Wii Bowling (MR) 1:00**pm-Good Vibes Club w/ Diane (MR) (NEW)** **3:00pm-Card Games w/Diane in Sage (SL) (NEW)** **6:00pm-Movies & Popcorn w/Beth (MR)**	**23** 10:00am - Strength Mania w/Jazz (FC) 10:00am-Clear Choice Hearing (LIB) 10:30am - Wii Bowling (MR) **2:00pm - Drama Club w/Kathy (MR)** 2:30pm-Bocce Ball w/Jazz (2nd floor, take elevator closest to gym) **6:30pm - Bingo (MR)**	**24** 10:00am - Move & Groove w/Jazz (FC) 10:30am - Art of Coloring w/Diane (AR) 10:45am- Walking Club (NEW) (Bus) **2:00pm - Resident Council (SYN)** 3:00pm - Chair Yoga w/Jazz (FC) **3:00pm - Bingo in Sage (SL)** **3:30pm - Happy hour w/Jerome Dean (PAV)**	**25** 10:00am-Chair Volleyball w/Jazz (MR) 10:35am-Turkey Showdown w/Austin (MR) 1:30pm - Timeless Melodies (MR) 3:00pm-Sports Day w/Jazz (FC) 3:00pm - Popsicles (Cafe)	**26** 10:30am - Wii Bowling (MR) 11:30am- Thanksgiving Lunch (DR) **Happy Thanksgiving!!!**	**27** 10:00am -Exercise Class w/ Austin (FC) **10:00am - Scenic Drive (lobby)** 11:00am - Sports Talk w/Austin (MR) 1:30pm - Schmoozing w/Rabbi (MR) **2:30pm-Outing to Albertson's, Chase Bank, Wells Fargo (Lobby)** **4:15pm - Shabbat Service w/Rabbi Sherman (SYN)**	**28** 10:00am - Shabbat Service w/Rabbi Sherman (SYN) 1:30pm - Traditions w/ Rabbi Sherman (MR) 7:00pm - Holy Loopholes Session #6
29 10:30am - Stretching w/Diane (FC) 11:00am-Wii Bowling (MR) **1:00pm-Good Vibes Club w/Diane (MR) (NEW)** 2:00pm-HP Thinkers w/Ida (MR) **3:00pm-Card Games w/Diane in Sage (SL) (NEW)** **6:00pm-Movies & Popcorn w/Beth (MR)**	**30** 10:00am - Strength Mania w/Jazz (FC) 10:30am - Wii Bowling (MR) **2:00pm - Drama Club w/Kathy in Sage (SL) (NEW)** **3:00pm-Great Gobble Get Away w/Jazz (PAV)** **6:30pm-Bingo (MR)**					

HERITAGE POINTE

LOVE LIFE AT EVERY POINTE

Assisted Living ACTIVITIES

November 2026

HERITAGE POINTE

LOVE LIFE AT EVERY POINTE

Assisted Living ACTIVITIES

November 2026

Legend

AR = Arts & Crafts
PAV = Pavilion
FC = Fitness Center
CR = Card Room
LIB = Library
MR = Music Room
MPR = Multipurpose Room
SYN = Synagogue
MPL = Marlene's Piano Lounge
SL = Sage Living

MOVIES ARE ON CH.1995

CHECK THEM OUT TO SEE WHAT'S PLAYING

Sundays: 10:30am, 1:00pm,7:00pm
Mondays: 10:30am, 1:00pm, 7:00pm
Tuesdays: 10:30am, 1:00pm, 7:00pm
Wednesdays: 10:30am, 1:00pm, 7:00pm
Thursdays: 10:30am, 1:00pm, 7:00pm
Fridays: 10:30am, 1:00pm,
Saturdays: 1:00pm, 7:00pm

Activity Calendar Reminders & Updates

As we begin this new chapter of activities at Heritage Pointe, here are a few friendly reminders and exciting things to look forward to!

- **Monthly & Daily Calendars**
  - We are transitioning from weekly to monthly activity calendars! Your monthly calendar will be available the day before each new month, with extra copies at the Front Desk, in the elevators, and near the gym.
  - Daily calendars will continue to be posted in these locations. Please check the daily calendar for the most up-to-date schedule, as the schedule may change.
- **Your Favorite Activities Are Here to Stay!**
  - Continue enjoying your favorite entertainers, happy hours, scenic drives, shopping trips, volunteer visits, and Timeless Melodies! We're also looking forward to welcoming new performers and bringing more live entertainment to select happy hours.
- **New Clubs & Opportunities to Connect!**
  - Exciting new resident-led clubs are on the way, including a Book Club, Gardening Club, Drama Club, and Good Vibes Club! We invite everyone to join in, discover new interests, share their talents, and build meaningful friendships.

We look forward to another wonderful month of activities, friendships, and special moments together!

Fitness Center Reminders & November Activities

- **More Ways to Stay Active!**
  - Don't forget to check out our new afternoon recreational activities, including chair volleyball, outdoor mini golf, seated bocce ball, table tennis, pool, and more! Everyone is welcome, and no experience is needed!
- **November Turkey Trot Challenge**
  - Our month-long virtual walk to Mammoth Mountain begins Monday, November 2! Help us reach our destination by combining steps with your fellow residents. Walking and seated participation are both welcome!
  - **A Few Friendly Reminders:**
    - Pick up your pedometer at the Fitness Center on November 2.
    - Stop by every Monday to have Jazz record your steps and reset your pedometer.
    - Avoid pressing the pedometer buttons, and remember to stay hydrated!
  - **Turkey Trot Celebration — November 30**
    - Join us in the Fitness Center as we celebrate our progress and see if our turkey made it to Mammoth Mountain! Refreshments will be provided for participants.

Every step counts! Keep moving, stay active, and most importantly, have fun!