

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Heritage Pointe

LOVE LIFE AT EVERY POINTE

<p>5</p> <p>9:00 Chair Exercise (Ch1995) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment with BOGART & BOYD (MR) 3:30 Behind the Headlines/Current Events with David Malmon (MR) 7:00 Evening Film (Ch1995)</p>	<p>6</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:00 Nail Polishing (AR) 2:00 Horseracing with Sheila and Annie (MR) 3:00 Group Walk with Jazz (Lobby) 6:30 Bingo in the Evening (MR) 7:00 Evening Film (Ch1995)</p>	<p>7</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Dot Art with Cheryl (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Update with Erin (Syn/Ch1991) 3:00 Bingo!!! at Sage Living (SL) 3:00 Chair Yoga with Jazz (FC) 3:00 Treats in the Pavilion! (PAV) 7:00 Evening Film (Ch1995)</p>	<p>HAPPY NEW YEAR! 1</p> <p>10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Afternoon (PAV) 2:00 Afternoon Entertainment with pianist, KRISTEN SPATH (MPL) 6:30 In the Spotlight with Betsy (MR) 7:00 Evening Film (Ch1995)</p>	<p>2</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Expressive Painting Class (AR) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Bingo in the Afternoon (MR) 1:00 Afternoon Film (Ch1995) 2:30 Trivia with Myra (MR) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:00 Performance with Tami (MPL) 7:00 Evening Film (Ch1995)</p>	<p>3</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:30-4:30 Fitness Center OPEN (FC) 3:00 The Word Game with the Silvers (FC) 4:15 Resident Monthly Birthday Shabbat Evening Service (Syn/Ch1991)</p>	<p>4</p> <p>10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Saturday Discussion Group (MR) 7:00 Evening Film (Ch1995)</p>
<p>12</p> <p>9:00 Chair Exercise (Ch1995) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Segerstrom Theater (Lobby) (Ticket holders only) 2:00 Afternoon Entertainment (MR) 7:00 Evening Film (Ch1995)</p>	<p>13</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Book Club Meeting (MR) 3:00 Group Walk with Jazz (FC) 7:00 Evening Film (Ch1995)</p>	<p>14</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Beaded Jewelry with Ciaran (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 December Birthday Party with singer, ELIAS WITH LOVE (MR) 3:00 Chair Yoga with Jazz (FC) 3:00 Treats in the Pavilion! (PAV) 6:30 Evening Entertainment with singer, FELSON PALAD (MR) 7:00 Evening Film (Ch1995)</p>	<p>15</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Balance at the Barre with Jazz (FC) 10:30 Greeting Card Class AR 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Afternoon (PAV) 2:00 Dear Abby with Batia (MR) 3:00 Group Walk with Jazz (Lobby) 7:00 Evening Film (Ch1995)</p>	<p>9</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Expressive Painting Class (AR) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Bingo in the Afternoon (MR) 1:00 Afternoon Film (Ch1995) 2:30 Trivia with Myra (MR) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:00 Performance with Tami (MPL) 6:30 Evening Entertainment with singer, PETER SELTSER (MR) 7:00 Evening Film (Ch1995)</p>	<p>10</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Shmoozing with Rabbi Sherman (MR) 2:30 Chair Yoga with Jazz (FC) 4:15 Shabbat Evening Service (Syn/Ch1991)</p>	<p>11</p> <p>10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers Modern Social Questions (MR) 3:00 Play/Learn Sudoku with the Silvers (MR) 7:00 Evening Film (Ch1995)</p>
<p>19</p> <p>9:00 Chair Exercise (Ch1995) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment with singer/pianist, RONNIE JAYNE (MR) 3:30 Behind the Headlines/Current Events with David Malmon (MR) 7:00 Evening Film (Ch1995)</p>	<p>20</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Nail Polishing (AR) 1:00 Afternoon Film (Ch1995) 2:00 Edith Rubinstein's 100th birthday Celebration (PAV) 3:00 Group Walk with Jazz (Lobby) 6:30 Bingo in the Evening (MR) 7:00 Evening Film (Ch1995)</p>	<p>21</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 "Dot Art" with Cheryl (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Craft Corner with Sheila (AR) 3:00 Chair Yoga with Jazz ((FC) 3:00 Treats in the Pavilion! (PAV) 7:00 Evening Film (Ch1995)</p>	<p>22</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Balance at the Barre with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30- Timeless Melodies (MR) 1:30 Popcorn in the Afternoon (PAV) 3:00 Group Walk with Jazz (Lobby) 7:00 Evening Film (Ch1995)</p>	<p>16</p> <p>8:45 Chair Exercise (Ch1995) 10:30 Expressive Painting Class (AR) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Bingo in the Afternoon (MR) 1:00 Afternoon Film (Ch1995) 2:30 Trivia with Myra (MR) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:00 Performance with Tami (MPL) 6:30 Evening Entertainment with singer, RYAN CHRISTOPHER (MR) 7:00 Evening Film (Ch1995)</p>	<p>17</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:30-4:30 Fitness Center OPEN (FC) 3:00 Fun Brain Activities with the Silvers (MR) 4:15 Shabbat Evening Service (Syn/Ch1991)</p>	<p>18</p> <p>10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Saturday Discussion Group (MR) 7:00 Evening Film (Ch1995)</p>
<p>26</p> <p>9:00 Chair Exercise (Ch1995) 10:30 Morning Film (Ch1995) 10:30 Wii Bowling (MR) 12:00 Laguna Playhouse (Lobby) (Ticket holders only) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment (MR) 3:30 HP Thinkers (MR) 7:00 Evening Film (Ch1995)</p>	<p>27</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Strength/Conditioning Class with Jazz (FC) 10:00 Clear Choice Hearing (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Book Review with Carol Greenstein (MR) 3:00 Group Walk with Jazz (Lobby) 6:30 Bingo in the Evening (MR) 7:00 Evening Film (Ch1995)</p>	<p>28</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Beaded Jewelry with Ciaran (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 TBA 3:00 Resident Council Meeting (Syn) 3:00 Chair Yoga with Jazz (FC) 3:00 Treats in the Pavilion! (PAV) 7:00 Evening Film (Ch1995)</p>	<p>29</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Balance at the Barre with Jazz (FC) 10:30 Morning Film (Cj1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Afternoon (PAV) 2:00 Afternoon Entertainment with the DYNAMIC DUO (MPL) 3:00 Group Walk with Jazz (Lobby) 6:30 Evening Entertainment (MR) 7:00 Evening Film (Ch1995)</p>	<p>23</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 10:30 Wii Bowling (MR) 10:30 Expressive Painting Class (AR) 1:00 Bingo in the Afternoon (MR) 2:30 Trivia with Myra (MR) 4:00 Performance with Tami (MPL) 4:00 Happy Hour in Bonnie's Bar (PAV) 6:30 Evening Entertainment with singer/pianist, JENNIFER HART (MR) 7:00 Evening Film (Ch1995)</p>	<p>24</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Strength & Conditioning Class with Jazz (FC) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Shmoozing with Rabbi Sherman (MR) 2:30 Chair Yoga with Jazz (FC) 4:14 Shabbat Evening Service (Syn/Ch1991)</p>	<p>25</p> <p>10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Play/Learn Sudoku with the Silvers (MR) 7:00 Evening Film (Ch1995)</p>
<p>31</p> <p>9:00 Chair Exercise (Ch1995) 10:30 Morning Film (Ch1995) 10:30 Wii Bowling (MR) 12:00 Laguna Playhouse (Lobby) (Ticket holders only) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment (MR) 3:30 HP Thinkers (MR) 7:00 Evening Film (Ch1995)</p>	<p>27</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Strength/Conditioning Class with Jazz (FC) 10:00 Clear Choice Hearing (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Book Review with Carol Greenstein (MR) 3:00 Group Walk with Jazz (Lobby) 6:30 Bingo in the Evening (MR) 7:00 Evening Film (Ch1995)</p>	<p>28</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Beaded Jewelry with Ciaran (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 TBA 3:00 Resident Council Meeting (Syn) 3:00 Chair Yoga with Jazz (FC) 3:00 Treats in the Pavilion! (PAV) 7:00 Evening Film (Ch1995)</p>	<p>29</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Balance at the Barre with Jazz (FC) 10:30 Morning Film (Cj1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Afternoon (PAV) 2:00 Afternoon Entertainment with the DYNAMIC DUO (MPL) 3:00 Group Walk with Jazz (Lobby) 6:30 Evening Entertainment (MR) 7:00 Evening Film (Ch1995)</p>	<p>30</p> <p>8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Morning Film (Ch1995) 10:30 Wii Bowling (MR) 10:30 Expressive Painting Class (AR) 1:00 Afternoon Film (Ch1995) 1:00 Bingo in the Afternoon (MR) 2:30 Trivia with Myra (MR) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:00 Performance with Tami (MPL) 7:00 Evening Film (Ch1995)</p>	<p>31</p> <p>8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:30 Morning Film (Ch1995) 10:30 Bereavement Group (Lib) 1:00 Afternoon Film (Ch1995) 2:30-4:30 Fitness Center OPEN (FC) 3:00 The Word Game with the Silvers (MR) 4:15 Shabbat Evening Service (Syn/Ch1991)</p>	<p>25</p> <p>10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Play/Learn Sudoku with the Silvers (MR) 7:00 Evening Film (Ch1995)</p>