

HERITAGE POINTE

Seniors Living in the Jewish Tradition

WEEKLY CALENDAR

March 19, 2023 – March 25, 2023

AR=Arts & Crafts	PAV=Pavilion
FC=Fitness Center	DR=Dining Room
CR=Card Room	MR=Music Room
LIB=Library	MPR=Multipurpose Room
SYN=Synagogue	MPL=Marlene's Piano Lounge

<p>SUNDAY</p> <p>19</p>  <p>WINTER WONDERLAND</p>	<p>9:00- Chair Exercise (Ch1995) 10:00- Chair Dance Mambo with Austin (FC) 10:30- Wii Bowling (MR) 10:30- Morning Film (Ch1995) "Dean Martin's Celebrity Roast presents Jack Benny and Lucille Ball" 1:00- Afternoon Film (Ch1995) "NEW IN TOWN" 1:30- SPECIAL!!! Musical performance with TBY students (Syn) 3:30- Chair Yoga with Austin (FC) 5:00- SPECIAL!!! WINTER WONDERLAND Dinner and Dancing with TONY ODELL ROGERS (DR) 7:00- Evening Film (Ch1995) "ROADHOUSE ROMANCE" 7:00- NEW!!! The Bedouin and the Hebrew Bible (Ch1992) <i>A Community Scholar Program Presentation</i></p>
<p>MONDAY</p> <p>20</p>	<p>8:45- Chair Exercise (Ch1995) 10:00- Strength/Conditioning Class with Jazz (FC) 10:30- Painting Class with MariBeth (AR) 10:30- Morning Film (Ch1995) "The Barkley's of Broadway" 11:15-3:00- Dietitian, Tricia Perry (MR) 1:00- Afternoon Film (Ch1995) "GOOD ADVICE" 1:00- Nail Polishing (AR) (Sign up Monday morning in the Arts/Crafts Room) 3:00- Group Walk with Jazz (Lobby) 3:00- SPECIAL!!! Easy Hebrew Reading Class with Selma (Lib) 6:30- Bingo!!! in the Evening (MR) 7:00- Evening Film (Ch1995) "MISSION IMPOSSIBLE: ROGUE NATION" 7:00- NEW!!! Chopin: Piano Concerto No. 1/Sinfonia Varsovia Orchestra (Ch1992)</p>
<p>TUESDAY</p> <p>21</p> <p>POPCORN TUESDAY</p>	<p>8:45- Chair Exercise (Ch1995) 10:00- Upper/Lower Body Conditioning with Jazz (FC) 10:30- Morning Biography Film (Ch1995) "NELSON ROCKEFELLER" 10:30- Group Walk with Jazz (Lobby) 11:00- SPECIAL!!! Purim Bingo with Amit (AR) 1:00- Afternoon Film (Ch1995) "THE FIRM" 1:30- Popcorn in the Lobby!!! 2:00- Patio Yoga with Jazz (Patio by the Fountain) 3:00- Town Hall Meeting with Georgi (Syn/Ch1991) 3:30- NEW!!! Line Dancing Performance (MR) 7:00- Evening Film (Ch1995) "JOBS" 7:00- NEW!!! Expressing the Chaos: The Abstract Expressionism of Miriam Beerman (Ch1992)</p>
<p>WEDNESDAY</p> <p>22</p>	<p>8:45- Chair Exercise (Ch1995) 9:30 JNF at Heritage Pointe feat. Founder AICAT in Israel Hanni Arnon (SYN) 10:00- MORNING OUTING!!! \$.99 cent Store (Lobby) (Sign up Main Bulletin) 10:00/10:30- Balance at the Barre with Jazz (FC) 10:30- Morning Film (Ch1995) "COOL HAND LUKE" 1:00- Afternoon Film (Ch1995) "SLEEPING WITH THE ENEMY" 1:30- Timeless Melodies with Larry Maurer (MR) 3:00- Group Walk (Lobby) 3:45- DINNER OUTING!!! "Red Fish House" (Lobby) 6:30- Evening Entertainment with singers, SHARON & NAT (MR) 7:00- Evening Film (Ch1995) "THE BIG WEDDING" 7:00- NEW!!! Wednesday Night Jazz: Maureen Washington Quartet (Ch1992)</p>

OVER

<p>THURSDAY</p> <p>23</p>	<p>8:45- Chair Exercise (Ch1995) 9:30- Knitting/Crocheting Group (Lib) 10:00- Upper/Lower Body Conditioning with Jazz (FC) 10:30- Wii Bowling (MR) 10:30- Morning Film (Ch1995) "THE GRASS IS GREENER" 1:00- Afternoon Film (Ch1995) "THE BIG YEAR" 1:00- Bingo!!! in the Afternoon (MR) NO Trivia with Myra TODAY! 2:30- SPECIAL!!! The Crop Circle Mystery with Fred Johnson, PhD (MR) 3:00- Group Walk with Jazz (Lobby) 4:00- Performance with Tami (MPL) 7:00- Evening Film (Ch1995) "THE CURIOUS CASE OF BENJAMIN BUTTON" 7:00- NEW!!! Ancient Egypt's Age of Fear: Secrets of the Saqqara Tomb (Ch1992)</p>
<p>FRIDAY</p> <p>24</p>	<p>8:45- Chair Exercise (Ch1995) 10:00- Strength/Conditioning Class with Austin (FC) 10:00- SPECIAL!!! Mezuzah Ceremony and Refreshments at Sage Living (2nd Floor) 10:00- MORNING OUTING!!! Costco, Michael's & Mission Viejo Mall (Lobby) 10:30- Morning Film (Ch1995) "ALL ABOUT EVE" 10:30- Bereavement Group with Cantor Fran Chalin (Lib) 1:00- Afternoon Film (Ch1995) "AMELIA" 1:30- Shmoozing with Rabbi Sherman (MR) 2:00- Stretch for your Health with Austin (FC) 2:30- NEW!!! Verona, Italy Walking Tour (with captions) (Ch1992)</p> <p style="text-align: center;"></p> <p style="text-align: center;">6:30- NEW TIME!!! Shabbat Evening Service with Rabbi Sherman (Syn/Ch1991)</p>
<p>SATURDAY</p> <p>25</p>	<p style="text-align: center;"></p> <p style="text-align: center;">10:00- Shabbat Service with Rabbi Sherman (Syn/Ch1991)</p> <p>1:00- Afternoon Film (Ch1995) "HOPE SPRINGS" NO Torah Talk with Rabbi Sherman TODAY! 3:00- Play/Learn Sudoku with the Silvers (MR) 7:00- Evening Film (Ch1995) "NIGHTS IN RODANTHE" 7:00- NEW!!! America at a Crossroads: Race, Crime and Police Reform - What's Happening? (Ch1992)</p>

IMPORTANT: Masks are **RECOMMENDED** for **ALL** scheduled programs and on the Heritage Pointe vehicles. It is also recommended that masks be worn in the common areas in the building.

IMPORTANT: The Paul Goldenberg Theater will be **CLOSED** for repairs. Thank you for your understanding!

NOTE: The in-house television stations have been changed and are highlighted in **RED**.

REMINDER: Spiritual Life information (including holidays, upcoming programs, service and candle lighting times) is located on the Spiritual Board in the Lobby, opposite the Front Desk!

REMINDER: Chair Exercise Monday through Friday at 8:45am on Ch1995.