

# HERITAGE POINTE

Seniors Living in the Jewish Tradition

## WEEKLY CALENDAR

November 13, 2022 – November 19, 2022

|                   |                            |
|-------------------|----------------------------|
| AR=Arts & Crafts  | PAV=Pavilion               |
| FC=Fitness Center | DR=Dining Room             |
| CR=Card Room      | MR=Music Room              |
| LIB=Library       | MPR=Multipurpose Room      |
| SYN=Synagogue     | MPL=Marlene's Piano Lounge |

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| <p><b>SUNDAY</b></p> <p><b>13</b></p>                                | <p>9:00- Chair Exercise (Ch1964)</p> <p>10:00- Chair Dance Mambo with Austin (FC)</p> <p>10:30- Wii Bowling (MR)</p> <p>10:30- Morning Film (Ch1964) "ABOVE AND BEYOND"</p> <p>1:00- Afternoon Film (Ch1964) "JUST MARRIED"</p> <p>2:00- Behind the Headlines with David Malmon (MR)</p> <p>3:30- Chair Yoga with Austin (FC)</p> <p>7:00- Evening Film (Ch1964) "DOG"</p> <p>7:00- <b>NEW!!!</b> Defending Diaspora: How Have Jews Thought About Their Wanderings? (Ch1961)</p>  |
| <p><b>MONDAY</b></p> <p><b>14</b></p>                                | <p>10:00- Strength/Conditioning Class with Jazz (FC)</p> <p>10:30- Painting Class with MariBeth (AR)</p> <p>10:30- Clear Caption Hearing Test (Lib) <b>(Make reservation with Myra)</b></p> <p>10:30- Morning Film (Ch1964) "KRAMER VS. KRAMER"</p> <p>1:00- Afternoon Film (Ch1964) "JACK AND JILL"</p> <p>3:00- Wordle and More with the Silvers (MR)</p> <p>3:00- Water Aerobics with Jazz (Pool)</p> <p>6:30- Bingo!!! in the Evening (MR) <b>(Limited seating)</b></p> <p>7:00- Evening Film (Ch1964) "ENOUGH SAID"</p> <p>7:00- <b>NEW!!!</b> The Hidden Secrets of Venice/Brian Sewell's Grand Tour (Ch1961)</p>   |
| <p><b>TUESDAY</b></p> <p><b>15</b></p> <p><b>POPCORN TUESDAY</b></p> | <p>10:00- Upper/Lower Body Conditioning with Jazz (FC)</p> <p>10:30- Morning Biography Film (Ch1964) "AMERICAN CASTLES"</p> <p>10:30- Group Walk with Jazz (Lobby)</p> <p>1:00- Afternoon Film (Ch1964) "FOREST GUMP" *</p> <p>1:30- Popcorn in the Lobby!!!</p> <p>1:30- American Cities "CHICAGO" with Lori Covey (MR)</p> <p>2:00- Patio Yoga with Jazz (Patio by the Fountain)</p> <p>3:00- Town Hall Meeting with Mike (Syn/Ch1960)</p> <p>7:00- Evening Film (Ch1964) "TRUTH"</p> <p>7:00- <b>NEW!!!</b> Astronomy Online: Grand Tour of the Universe (Ch1961)</p>  |
| <p><b>WEDNESDAY</b></p> <p><b>16</b></p>                             | <p>10:00/10:30- Balance at the Barre with Jazz (FC)</p> <p>10:00- <b>MORNING OUTING!!!</b> Target/Walmart/Kohl's (Lobby)</p> <p>10:00- <b>SPECIAL LIVE STREAM!!!</b> Prophetic Leadership in a Time of Democratic Crisis <b>(Ch1963)</b></p> <p>10:30- Morning Film (Ch1964) "COME BACK, LITTLE SHEBA"</p> <p>10:30- Greeting Card Class (AR)</p> <p>1:00- Afternoon Film (Ch1964) "JUST LIKE HEAVEN"</p> <p>2:00- Dear Abby with Batia (MR)</p> <p>3:00- Group Walk (Lobby)</p> <p>3:00- Birthday Celebration for Al Abrams 90<sup>th</sup> birthday with dessert and entertainment with A.J. ENTERTAINMENT (PAV)</p> <p>6:30- Meditation with Mindfulness with the Silvers and special guest, LEA ABRAMS (MR)</p> <p>7:00- Evening Film (Ch1964) "KNIGHT AND DAY"</p> <p>7:00- <b>NEW!!!</b> Wednesday Night Jazz: Mahogany Swing Band (Ch1961)</p> |

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| <p><b>THURSDAY</b></p> <p><b>17</b></p> <p><b>ICE CREAM THURSDAY</b></p> | <p>10:00- Upper/Lower Body Conditioning with Jazz (FC)<br/> 10:30- Wii Bowling (MR)<br/> 10:30- Morning Film (Ch1964) "OUR VINES HAVE TENDER GRAPES"<br/> 10:30- Israeli Card Games with Amit, our Youth Ambassador from Israel (AR)<br/> 1:00- Afternoon Film (Ch1964) "THE FABULOUS BAKER BOYS"<br/> 1:00- Bingo!!! in the Afternoon (MR) <i>(Limited seating)</i><br/> 1:30- Ice Cream in the Lobby!!!<br/> 2:30- <b>SPECIAL!!!</b> "Thanks" and "Giving" with Pie and entertainment with, PETER SELTSER (PAV)<br/> <b>NO</b> Trivia with Myra <b>TODAY!</b><br/> 3:00- Water Aerobics with Jazz (Pool)<br/> <b>NO</b> Performance with Tami <b>TODAY!</b><br/> 7:00- Evening Film (Ch1964) "BEYOND A REASONABLE DOUBT"<br/> 7:00- <b>NEW!!!</b> America at a Crossroads (Ch1961)</p>  |
| <p><b>FRIDAY</b></p> <p><b>18</b></p>                                    | <p>10:00- Strength/Conditioning Class with Austin (FC)<br/> 10:00- <b>MORNING OUTING!!!</b> Scenic Drive (Lobby)<br/> <i>(Sign up on the Main Bulletin Board)</i><br/> 10:30- Morning Film (Ch1964) "A MAJORITY OF ONE"<br/> 10:30- Bereavement Group with Cantor Fran Chalin (Lib)<br/> 1:00- Afternoon Film (Ch1964) "MRS. DOUBTFIRE" *<br/> 1:30- Afternoon Entertainment with performers, DYNAMIC DUO (MPL)<br/> 2:00- Stretch for your Health with Austin (FC)<br/> 2:30- <b>NEW!!!</b> La Belle Epoque, 1983 – featuring Diana Vreeland and Douglas Fairbanks, Jr. (Ch1961)<br/> 3:00- Fun Brain Games with the Silvers (MR)</p> <p style="text-align: center;"></p> <p style="text-align: center;">6:30- Shabbat Evening Service with Rabbi Sherman (Syn/Ch1960)</p> |
| <p><b>SATURDAY</b></p> <p><b>19</b></p>                                  | <p style="text-align: center;"></p> <p style="text-align: center;">10:00- Shabbat Service with Rabbi Sherman (Syn/Ch1960)</p> <p>1:00- Afternoon Film (Ch1964) "DOUGH"<br/> 1:30- Torah Talk with Rabbi Sherman (MR)<br/> 3:00- Saturday Discussion Group (MR) <i>(formerly Women's Discussion Group)</i><br/> 7:00- Evening Film (Ch1964) "THE THEORY OF EVERYTHING"<br/> 7:00- <b>NEW!!!</b> Celebrating Pianos: The Viennese Masters (Ch1961)</p>  |

**IMPORTANT:** The Paul Goldenberg Theater will be **OPEN** Sunday evening, Monday evening and Tuesday evening this week and the movie showing will be TOP GUN: MAVERICK. Please reserve your seats at the Front Desk. Thank you very much!

**IMPORTANT:** Masks are required for **ALL** scheduled programs.

**REMINDER:** Chair Exercise Monday through Friday at 8:45am on Ch1964.

**NOTE:** Red asterisk (\*) after film title features the movie star of the month and November is Sally Field.

**UPDATE:** Channel 1963 will run programming from 10:00am – 9:00pm **EVERY DAY!** This will include music, art, travel programs and also, **unedited LIVE** nature programs, like a sunrise safari in Africa or the Giraffe-cam at the San Diego Zoo. Enjoy!!!