

HERITAGE POINTE

Seniors Living in the Jewish Tradition

PROGRAMMING FOR THE FOLLOWING DAYS:

FRIDAY, 1/14/2022

- 8:45- Chair Exercise (Ch1964)
- 10:00- Strength and Conditioning with Austin (Ch1960)
- 10:30- Morning Film "THE CHAMP" (Ch1964)
- 1:00- Afternoon Film "KEEPING THE FAITH" (Ch1964)
- 2:30- Chair Yoga with Austin (Ch1960)
- 4:15- Evening Shabbat Service with Rabbi Karen Sherman (Ch1960)

SATURDAY, 1/15/2022

- 10:00- Shabbat Service with Rabbi Karen Sherman (Ch1960)
- 1:00- Afternoon Film "TO KILL A MOCKINGBIRD" (Ch1964)
- 7:00- Evening Film "RUMOR HAS IT..." (Ch1964) *

SUNDAY, 1/16/2022

- 9:00- Chair Exercise (Ch1964)
- 10:00- Chair Dance Mambo with Austin (Ch1960)
- 10:30- Morning Film "LITTLE MISS BROADWAY" (Ch1964)
- 1:00- Afternoon Film "ARTHUR" (Ch1964)
- 3:00- Chair Yoga with Austin (Ch1960)
- 7:00- Evening Film "THE BODYGUARD" (Ch1964) *

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MONDAY, 1/17/2022 – TU BISHEVAT

8:45- Chair Exercise (Ch1964)

10:00- Strength/Conditioning Class with Jazz (Ch1960)

**10:30- Morning Film “JOSEPH AND THE AMAZING DREAMCOAT”
(Ch1964)**

1:00- Afternoon Film “DELI MAN” (Ch1964)

2:00- Performance with Tami (Ch1960)

7:00- Evening Film “FIDDLER ON THE ROOF” (Ch1964)

***Every month I will be selecting a movie star who has birthday in that month and will be showing a selection of their films. This month, January, I have selected several films starring **KEVIN COSTNER**. (The **red** asterisk will identify the film of the “movie star” of the month!)**

I will update you as soon as I receive notification that the Lock Down will no longer be necessary. Please remember that we are following the appropriate guidelines for our community. And remember, transportation will continue for Medical Appointments ONLY and if you need any essential items at the pharmacy, markets, etc., we will be happy to get you those items. See Myra with your request.

Until further notice, I will be advising you of our Programs several times a week.

Stay well.....Stay safe!

Myra

NOTE: Beginning, Saturday, January 8, 2022, Channels 1960, 1961, 1962 and 1964 will be up and running. We will let you know when Channel 1963 will be working.

