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# every Senior is formily part of the formily

With the generous support and leadership of our community, Heritage Pointe became the first Orange County Jewish home for seniors in 1989. Over the past 30+ years, thousands of seniors thrived in this nonprofit home on the beautiful 6.5-acre campus in Mission Viejo. Independent of the big business management companies, every senior is part of the family. We have grown to meet new needs by building the Feuerstein Memory Care neighborhood, adding the elegant Fainbarg Pavilion, upgrading our outdoor amenities, and, of course, continuously making updates to enhance life at Heritage Pointe.





### a larger plan future

#### *Today*, we face a new challenge.

Like many seniors in assisted living locations around the country, Residents are now older and frailer. The average age of our Residents is almost 90. Not everyone requires more care but many do. As part of our larger plan for the future of Heritage Pointe, we have a solution that will provide an enhanced lifestyle for seniors who need more care, all while focusing on a Jewish way of life.

Heritage Pointe's new Sage Living neighborhood will change the way our community seniors age. By providing more care, more programming, more engagement and more to enjoy in a dedicated neighborhood, Residents with limitations will be able to enjoy life to it's fullest. By increasing the ratio of staff to Resident, seniors who need extra assistance with daily routines and help with necessary tasks can flourish. Equally important, their families can rest assured that their loved one will be living in a secure environment that is dedicated to care and the highest quality of life.

The opportunity to build this desperately-needed neighborhood could not come at a better time. The pandemic put a spotlight on how seniors who live alone at home do not prosper without a support community. Loneliness, depression, fall risks, and inability to get needed medications and supervision is acute for seniors with agerelated physical disabilities who still live at home. Connection to spiritual communities and friends are online---technology that many seniors are unable to understand and use properly.

#### For families who need to hire daily personal caregivers

for their loved ones, the costs may reach \$20,000 monthly for just this service. Certified caregivers for seniors needing enhanced assistance require more training and competitive salaries due to their expertise.

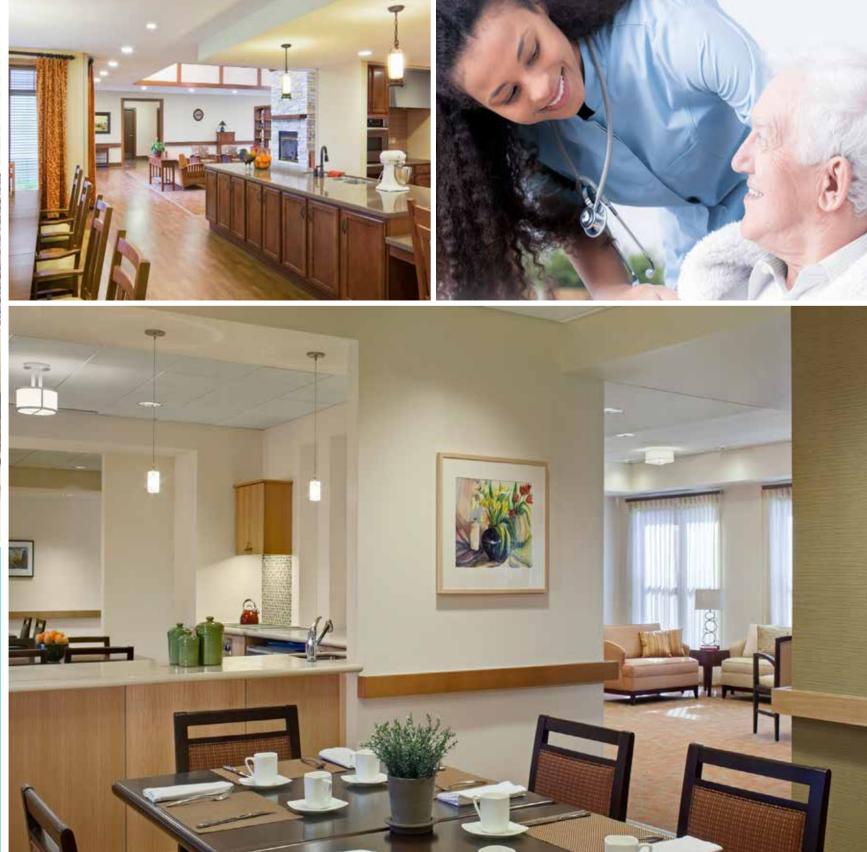
Heritage Pointe is poised to open this stateof-the-art neighborhood in 2021 offering a premium level of caregiving and assistance. The entire package will be priced at around \$10,000 a month. That's less than half of what many pay now for rent and personalized care.

How is it possible to keep all this within reach? Your gift! Your donation toward the construction of the Sage Living neighborhood will make it possible to keep down the costs to seniors. Most importantly, your participation is crucial in bringing the Jewish community together to help solve this crisis of care. Your gift will determine not only the course of many lives, but help shape the future of Heritage Pointe.

Please, help our seniors stay in the Jewish home they love today, tomorrow and in the future.



" If either one of our health statuses would deteriorate, it would be wonderful to be able to receive a higher level of care in this beautiful community, that has provided for all our needs. . - Current Residents





## a state-of-the-art 2021 facility in 2021

Sage Living at Heritage Pointe. he

### The Neighborhood

Three suites and 9 single apartments will be built for Sage Living, ensuring more individualized attention and care in a comfortable environment that feels like home. Residents who need Sage Living are seniors who require a level of care between traditional assisted living and a nursing home.

#### The Program

In this neighborhood, the focus is on the person – not a schedule. The Program features individualized care with enhanced encouragement to participate in daily wellness, socialization, and physical activities. Residents also have access to the full range of services and amenities that

> Heritage Pointe provides. Staff are on-site 24 hours a day and provide the assistance and other care services each Resident needs. All for an affordable price to a senior who needs supervision or requires care.

#### Activities

Sage Living is designed with multiple areas for group activities as well as smaller, individualized activities. Residents also have access to the full range of activities and services throughout the greater Heritage Pointe campus.

The Garden of Eden Terrace allows Residents to visit outdoors in a safe and secure environment, and an open area where Residents can feel the sun on their faces. This area will be used for many activities including gardening in pots and planting carts – all maintained by interested Residents.

The **Dining Room** doubles as a large activity space for craft projects, classes, and regularly scheduled entertainers. Inspired by the lifestyle trend to connect kitchens and dining rooms, this beautiful feature of the neighborhood nourishes Residents physically, socially and emotionally.

The Living Room is everyone's favorite room: a great place to relax and watch TV. The living room will be the heart of many daytime and evening social events. The area is designed for Residents who thrive in a smaller group setting.

The Activity Space is an area for cards, Scrabble, and games. Everyone has a favorite way to relax and spend time with freinds while working collaboratively on a puzzle or game!

#### Neighborhood **Dedicated Staff**

Sage Living staff will be specially trained for all aspects of Resident care. This means that each one will provide a Residents personal care, housekeeping, laundry, activity, and meal service. This model creates a closer bond allowing the staff to understand every nuance of a Residents routine and plan accordingly. Caring for a loved one requires more than just understanding their symptoms, it is understanding the person.

#### Meals

Three meals per day are prepared by the Heritage Pointe Executive Chef and brought to the neighborhood by Sage Living team members. All meals are served on china differentiating meat and dairy as the neighborhood will observe Jewish Dietary Laws (Kashrut) as per the Heritage Pointe standard. The neighborhood kitchen provides opportunities to participate in kosher cooking demonstrations and tasting sessions.

#### Spa

The beautiful spa includes a rollin shower with no obstructions – allowing Residents to enjoy freedom of movement and also allowing a caregiver to provide a relaxing, cleansing shower.

The side-loading whirlpool bath will provide a more decadent environment for Residents to relax and enjoy soothing sounds from a programmable sound system.





With three available sides for a caregiver to access the Resident, the bath experience is truly one of the most anticipated amenities we will bring to the campus.

#### Apartments

There are three styles of apartments that are designed to meet Residents need for space and socialization, decorated to accentuate the peace and familiarity of home. Each bedroom can support a full or queen size bed, night table, personal chair and a dresser. A closet is located within each bedroom for hanging clothes or this area can be used for additional furnishings.

For those that choose a larger space, there is an option that includes a living room with a spacious area to relax and entertain in comfort.

For seniors who would like to take advantage of everything the neighborhood has to offer, and plan to be out of the apartment for the majority of every day, the "shared apartment" layout makes sense. A shared front door and restroom with a private bedroom shared by two Residents makes economical sense as well as promotes greater socialization.

#### Accessibility

Each apartment contains a restroom with a private shower. For those who require extra assistance, the Spa located within the neighborhood provides the perfect setting for a worry-free shower or bath.

Corridors will include a handrail for those that would like extra support to feel confident navigating from space to space.

All common areas will be generously spaced affording more than ample room for walkers, wheelchairs, and assistive devices to navigate the space without interference.

#### Iewish Life

Heritage Pointe rises above other Assisted Living communities thanks to our strong commitment for a Jewish lifestyle for our Residents. Access to Shabbat services--- in the synagogue with the rest of the Heritage Pointe community or virtually on our inhouse closed-circuit channel--provide the ability for every Resident to participate at a level that they feel comfortable.

#### **Campus** Amenities

Everything at Heritage Pointe is available to everyone in the neighborhood. Daily events and programs at the in-house Theater, Pool, Fitness Center and Fainbarg Pavilion are accessible to Sage Living Residents.

Sage Living Residents will have transportation coordinated by staff. Heritage Pointe will schedule regular group activities out in the community. Physician visits and shopping excursions will be scheduled as part of the included price of the neighborhood.

### Floorplans

Our apartments will allow Residents to easily access all the amenities the neighborhood has to offer and allow staff to respond quickly to all Residents needs.



*(C)* It was heartbreaking to move Mom to a "board and care" facility after she had accepted Heritage Pointe as her home. I am happy to have financially given in support of this new project for a higher level of care at Heritage Pointe. This truly gives Residents an "age in place" opportunity in an amazing, award winning home, one the O.C. Community is already so proud of. "- Allison Pinsky, Donor

#### Take a Tour

To arrange a personal appointment and tour, contact us at 949-276-6215 www.heritagepointe.org | Like Heritage Pointe on Facebook.



Seniors Living in the Jewish Tradition

### HERITAGE POINTE

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