

## Staff October Anniversaries

10/3 Ashley C. (1 Year Healthcare)  
10/11 Jeny J. (21 Years / Housekeeping)  
10/12 Jill P. (5 Years / Receptionist)  
10/15 Rose P. (13 years / Medtech)  
10/19 Andy P. (3 Years / HealthCare)

Thank you for all your hard work  
behind the scenes!

## New Staff!

Ayris L. - Caregiver  
Stephanie C. - Caregiver/Med Tech  
Sasha T. - Server  
Kyle P. - Dining Room Supervisor  
Austin F. - Activities Director of  
Memory Care and Sage  
Sharon J. - Caregiver/Med tech  
Danielle B. - Office Manager  
Lisabeth L. - Director of Philanthropy

## Welcome our New Program Manager

We are delighted to welcome Austin Flores as our new Program Manager for Memory Care and Sage! With 9 years of experience in senior living, a degree in Kinesiology with a focus in Gerokinesiology, and a passion for helping older adults thrive, Austin brings a warm and energetic spirit to our community. His senior living journey began right here at Heritage Pointe, and we are excited to welcome him back. Please join us in giving Austin a warm Heritage Pointe welcome!

“I’m truly excited to be back at Heritage Pointe and to have the opportunity to get to know our residents, families, and team. I look forward to building meaningful relationships, creating memorable experiences, and supporting the well-being and happiness of our Memory Care and Sage residents.”

Outside of Heritage Pointe, Austin enjoys staying active and spending time with family and friends. As a former Division I track and field athlete, he has always had a passion for wellness, teamwork, and community. He is honored to return to a community that has played such a meaningful role in his career.

Most of all, Austin looks forward to getting to know you! If you see him around Heritage Pointe, please stop by, introduce yourself, and say hello. Please join us in giving Austin a warm Heritage Pointe welcome!

## Residents October Birthdays

Rene F. - 10/06  
Elaine W. - 10/27

## SPIRITUAL LIFE

**Saturday, Oct 3 at 1:30PM**

Text Study for Shemini Atzeret

**Sunday, Oct 4 at 10:30AM**

Simchat Torah Service

**Sunday, Oct 10, 17, 24 & 31 at 1:30PM**

TRADITIONS: “Values You Didn’t  
Know Are Jewish”

**Every Friday at 4:15pm for Oct.**

Shabbot Services

**Every Saturday at 10:00am for Oct.**

Shabbot Services

27356 Bellogente Mission Viejo, CA 92691

October, 2026

# POINTE OF VIEW

A Heritage Pointe Newsletter

## A MESSAGE FROM OUR EXECUTIVE DIRECTOR

*Dear Residents and Families,*

As we welcome the cooler, more comfortable days of fall, it’s the perfect time to enjoy all that our community has to offer. The changing season brings a wonderful opportunity to get together, reconnect with neighbors, and enjoy some of the activities and events planned for the months ahead.

We are also excited to welcome our new Memory Care & Sage Program

Manager, Austin Flores! We are delighted to have him join our

community and look forward to the energy, creativity, and new ideas

Austin will bring to our activities program. Please join us in welcoming

Austin and introducing yourself when you have the opportunity.

Fall is a special time in our community—a time for friendship, fun, and making new memories. We hope you’ll take advantage of the upcoming activities, gatherings, and opportunities to connect with your neighbors.

Thank you for being such an important part of our community. Here’s to a wonderful fall season filled with good times, good company, and plenty of reasons to smile!

Warmly,

Georgi

## October Special Events

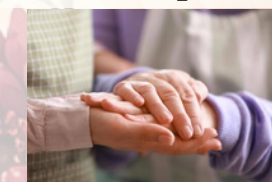
**10/15 Oktoberfest Meet & Greet  
our New Program Manager  
“Austin Flores”**

Live entertainment, Oktoberfest Themed  
Kosher Friendly Foods, and meet Austin!



**10/22 Family Dementia  
Support Group Lead by Salus  
Home Care w/ Dr. Payem**

Join us for an evening of connection,  
support, and helpful resources



| SUNDAY                                                                                                                                              | MONDAY                                                                                                           | TUESDAY                                                                                                                                                                                                                                                        | WEDNESDAY                                                                                                                                                                                                                                                 | THURSDAY                                                                                                                                                                                                                                                              | FRIDAY                                                                                                                                                                                                                                                           | SATURDAY                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div> <div> HERITAGE<br/>POINTE<br/><small>LOVE LIFE AT EVERY PoinTE</small> </div> <div> MEMORY CARE<br/>ACTIVITIES<br/>October 2026 </div> </div> |                                                                                                                  |                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                           | 9:30AM - Balloon Tennis 1<br><b>10:00AM - Mission Viejo Scenic Drive</b><br>11:00AM - Water Color<br>12:00PM - Lunch<br>1:00PM - Exercise w/ Jazz<br>2:00PM - Afternoon Movie<br>4:00PM - Music Trivia w/Austin                                                       | 9:30AM - Daily Chronicles 2<br>10:00AM - Balloon Tennis<br>10:30AM - Music Circle<br>11:00AM - Parachute Exercise<br>12:00PM - Lunch<br>2:00PM - Bingo Bonanza!<br>4:00PM - Travel Documentary<br>4:30PM - Aroma Therapy & Manicures                             | 9:30AM - Yoga-larious with Austin 3<br>10:00AM - Words with Friends Game<br>10:30AM - Inflatable Bowling<br>11:00PM - Karaoke Hour<br>12:00PM - Lunch<br>2:00PM Music Trivia w/ Austin<br>6:00PM Evening Movie |
| 10:00AM - Daily Chronicles 4<br>11:00AM - Time in The Garden<br>2:00PM Afternoon Movie                                                              | 10:00AM - Daily Chronicles 5<br>1:00PM - Afternoon Film<br>3:00PM -Walk in the Garden<br>6:00PM - Evening Movie  | 9:30AM - Seated Drum Circle Exercises 6<br>10:00AM - Morning Group Walk in the Garden<br><b>10:30AM - Live Music w/ Susan</b><br>11:00AM - Ladder Ball<br>12:00PM - Lunch<br>1:05PM - Exercise w/ Jazz<br>2:00PM - Paint by Number<br>4:00PM - Puzzles         | 9:30AM - Giggle & Stretch 7<br>10:00AM - Daily Chronicles<br>10:30AM - Bingo Bonanza!<br>11:00AM - Patio Games<br>11:30AM - Craft Corner Workshop<br>12:00PM - Lunch<br>1:30PM - Popcorn & Movie<br>4:00PM - Hand Massages & Aromatherapy                 | 9:30AM - Balloon Tennis 8<br><b>10:00AM - Dana Point Scenic Drive</b><br>11:00AM - Water Color<br>12:00PM - Lunch<br>1:00PM - Exercise w/ Jazz<br>2:00PM - Afternoon Film<br>4:00PM - Music Trivia w/ Austin                                                          | 9:30AM - Daily Chronicles 9<br>10:00AM - Balloon Tennis<br>10:30AM - Music Circle<br>11:00AM - Parachute Exercise<br>12:00PM - Lunch<br>1:00PM - Bingo Bonanza!<br>2:00PM - Afternoon Film<br>4:00PM - Travel Documentary<br>4:30PM - Aroma Therapy & Manicures  | 9:30AM - Yoga-larious w/Austin 10<br>10:00AM - Words with Friends Game<br>10:30AM - Inflatable Bowling<br>11:00AM - Karaoke Hour<br>12:00PM - Lunch<br>2:00PM Music Trivia w/ Austin<br>6:00PM Evening Movie   |
| 10:00AM - Daily Chronicles 11<br>11:00AM - Time in The Garden<br>2:00PM Afternoon Movie                                                             | 10:00AM - Daily Chronicles 12<br>1:00PM - Afternoon Film<br>3:00PM -Walk in the Garden<br>6:00PM - Evening Movie | <b>9:45AM - Krispy Kreme Outing</b> 13<br>10:00AM - Morning Group Walk in the Garden<br>10:30AM - Current Events & Daily Chronicles<br>11:00AM - Ladder Ball<br>12:00PM - Lunch<br>1:05PM - Exercise w/ Jazz<br>2:00PM - Paint By Number<br>4:00PM - Puzzles   | 9:30AM - Giggle & Stretch 14<br>10:00AM - Daily Chronicles<br><b>10:30AM - Live Music with Ricky!</b><br>11:00AM - Patio Games<br>11:30AM - Craft Corner Workshop<br>12:00PM - Lunch<br>1:30PM - Popcorn & Movie<br>4:00PM - Hand Massages & Aromatherapy | 9:30AM - Balloon Tennis 15<br>10:00AM - Picture Matching Game<br>11:00AM - Water Color<br>12:00PM - Lunch<br>1:00PM - Exercise w/ Jazz<br>2:00PM - Afternoon Film<br>5:00PM - <b>Oktoberfest Meet &amp; Greet our New Program Manager "Austin" (Sage Dining Room)</b> | 9:30AM - Daily Chronicles 16<br>10:00AM - Balloon Tennis<br>10:30AM - Music Circle<br>11:00AM - Parachute Exercise<br>12:00PM - Lunch<br>1:00PM - Bingo Bonanza!<br>2:00PM - Afternoon Film<br>4:00PM - Travel Documentary<br>4:30PM - Aroma Therapy & Manicures | 9:30AM - Yoga-larious w/Austin 17<br>10:00AM - Words with Friends Game<br>10:30AM - Inflatable Bowling<br>11:00AM - Karaoke Hour<br>12:00PM - Lunch<br>2:00PM Music Trivia w/ Austin<br>6:00PM Evening Movie   |
| 10:00AM - Daily Chronicles 18<br>11:00AM - Time in The Garden<br>2:00PM Afternoon Movie                                                             | 10:00AM - Daily Chronicles 19<br>1:00PM - Afternoon Film<br>3:00PM -Walk in the Garden<br>6:00PM - Evening Movie | 9:30AM - Seated Drum Circle Exercises 20<br>10:00AM - Morning Group Walk in the Garden<br>10:30AM - Current Events & Daily Chronicles<br>11:00AM - Ladder Ball<br>12:00PM - Lunch<br>1:05PM - Exercise w/ Jazz<br>2:00PM - Paint By Number<br>4:00PM - Puzzles | 9:30AM - Giggle & Stretch 21<br>10:00AM - Daily Chronicles<br>10:30AM - Bingo Bonanza<br>11:00AM - Patio Games<br>11:30AM - Craft Corner Workshop<br>12:00PM - Lunch<br>1:30PM - Popcorn & Movie<br>4:00PM - Hand Massages & Aromatherapy                 | 9:30AM - Balloon Tennis 22<br>10:00AM - Picture Matching Game<br>11:00AM - Water Color<br>12:00PM - Lunch<br>1:00PM - Exercise w/ Jazz<br>2:00PM - Afternoon Film<br>4:00PM - Music Trivia w/ Austin                                                                  | 9:30AM - Daily Chronicles 23<br>10:00AM - Balloon Tennis<br>10:30AM - Music Circle<br>11:00AM - Parachute Exercise<br>12:00PM - Lunch<br>1:00PM - Bingo Bonanza!<br>2:00PM - Afternoon Film<br>4:00PM - Travel Documentary<br>4:30PM - Aroma Therapy & Manicures | 9:30AM - Yoga-larious w/Austin 24<br>10:00AM - Words with Friends Game<br>10:30AM - Inflatable Bowling<br>11:00AM - Karaoke Hour<br>12:00PM - Lunch<br>2:00PM Music Trivia w/ Austin<br>6:00PM Evening Movie   |
| 10:00AM - Daily Chronicles 25<br>11:00AM - Time in The Garden<br>2:00PM Afternoon Movie                                                             | 10:00AM - Daily Chronicles 26<br>1:00PM - Afternoon Film<br>3:00PM -Walk in the Garden<br>6:00PM - Evening Movie | <b>10:00AM - Scenic Drive San Clemente</b> 27<br>10:30AM - Current Events & Daily Chronicles<br>11:00AM - Ladder Ball<br>12:00PM - Lunch<br>1:05PM - Exercise w/ Jazz<br>2:00PM - Paint By Number<br>4:00PM - Puzzles                                          | 9:30AM - Giggle & Stretch 28<br>10:00AM - Daily Chronicles<br>10:30AM - Bingo Bonanza!<br>11:00AM - Patio Games<br>11:30AM - Craft Corner Workshop<br>12:00PM - Lunch<br>1:30PM - Popcorn & Movie<br>4:00PM - Hand Massages & Aromatherapy                | 9:30AM - Balloon Tennis 29<br>10:00AM - Picture Matching Game<br>11:00AM - Water Color<br>12:00PM - Lunch<br>1:00PM - Exercise w/ Jazz<br>2:00PM - <b>live music with Susan!</b><br>4:00PM - Music Trivia w/ Austin                                                   | 9:30AM - Daily Chronicles 30<br>10:00AM - Balloon Tennis<br>10:30AM - Music Circle<br>11:00AM - Parachute Exercise<br>12:00PM - Lunch<br>1:00PM - Bingo Bonanza!<br>2:00PM - Afternoon Film<br>4:00PM - Travel Documentary<br>4:30PM - Aroma Therapy & Manicures | 9:30AM - Yoga-larious w/Austin 31<br>10:00AM - Words with Friends Game<br>10:30AM - Inflatable Bowling<br>11:00AM - Karaoke Hour<br>12:00PM - Lunch<br>2:00PM Music Trivia w/ Austin<br>6:00PM Evening Movie   |