

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MEMORY CARE

ACTIVITIES

JULY 2026

MEMORY CARE ACTIVITIES JULY 2026						
			1 9:30AM - Gentle Stretches 10:00AM - Daily Chronicles 10:30AM - Bingo Bonanza! 11:00AM - Patio Games 11:30AM - Craft Corner Workshop 12:00PM - Lunch 1:30PM - Popcorn & Movie 4:00PM - Hand Massages & Aromatherapy	2 9:30AM - Balloon Tennis 10:00AM - Picture Matching Game 11:00AM - Water Color 12:00PM - Lunch 1:00PM - Exercise w/ Jazz 2:00PM - Afternoon Film 4:00PM - Music Trivia w/ JP	3 10:00AM - Daily Chronicles 11:00AM - Time in The Garden 2:00PM Afternoon Movie	4 10:00AM - Daily Chronicles 1:00PM - Afternoon Film 3:00PM -Walk in the Garden 6:00PM - Evening Movie
5 9:30AM - Daily Chronicles 10:00AM - Balloon Tennis 10:30AM - Music Circle 11:00AM - Parachute Exercise 12:00PM - Lunch 1:00PM - Bingo Bonanza! 2:00PM - Afternoon Film 4:00PM - Travel Documentary 4:30PM - Aroma Therapy & Manicures	6 9:30AM - Chair Yoga 10:00AM - Words with Friends Game 10:30AM - Inflatable Bowling 11:00AM - Karaoke Hour 12:00PM - Lunch 1:05PM - Exercise w/ Jazz 2:00PM Music Trivia w/ JP 6:00PM Evening Movie	7 9:30AM - Seated Drum Circle Exercises 10:00AM - Morning Group Walk in the Garden 10:30AM - Current Events & Daily Chronicles 11:00AM - Ladder Ball 12:00PM - Lunch 1:05PM - Exercise w/ Jazz 2:00PM - Paint By Number 4:00PM - Puzzles	8 9:30AM - Gentle Stretches 10:00AM - Daily Chronicles 10:30AM - Bingo Bonanza! 11:00AM - Patio Games 11:30AM - Craft Corner Workshop 12:00PM - Lunch 1:30PM - Popcorn & Movie 4:00PM - Hand Massages & Aromatherapy	9 9:30AM - Balloon Tennis 10:00AM - Picture Matching Game 11:00AM - Water Color 12:00PM - Lunch 1:00PM - Exercise w/ Jazz 2:00PM - Afternoon Film 4:00PM - Music Trivia w/ JP	10 10:00AM - Daily Chronicles 11:00AM - Time in The Garden 2:00PM Afternoon Movie	11 10:00AM - Daily Chronicles 1:00PM - Afternoon Film 3:00PM -Walk in the Garden 6:00PM - Evening Movie
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OUR COMMUNITY

A PLACE TO THRIVE, A FAMILY TO BELONG TO

At Heritage Pointe, we are more than a community, we are family. Our mission is to provide exceptional care in a warm, respectful, and engaging environment where each resident can live with purpose and joy. From meaningful programs to beautiful spaces designed for comfort and connection, every detail is thoughtfully crafted with you in mind.



OUR VALUES

COMPASSION

We lead with kindness and respect in everything we do.

TRADITION

We honor Jewish heritage and celebrate the holidays that bring us together.

COMMUNITY

We foster connections and create a true sense of belonging.

GROWTH

We encourage engagement, learning, and personal growth.

EXCELLENCE

We are committed to the highest standards of care and service.

JULY FUN FACTS



July is named after Julius Caesar, born in July, who was a Roman general and statesman.



The birth flowers for July are the Larkspur and Water Lily, representing positivity, grace, and strength.



The birthstones for July are Ruby and Onyx-symbols of passion, protection, and inner strength.



The hottest month of the year in the Northern Hemisphere is typically July.

SPACES DESIGNED FOR YOU



We are proud to offer a vibrant lifestyle rooted in Jewish values, culture, and traditions. From Shabbat services to holiday celebrations, we honor what matters most. Thank you for being part of our Heritage Pointe family.

HERITAGE POINTE

LOVE LIFE AT EVERY POINTE

July Horoscopes and Birthday

In astrology, those born between July 1-22 are Cancer's Crabs. Those born between July 23-31 are Leo's Lions. Cancers are known for their nurturing, intuitive, and protective nature. Leos radiate confidence, creativity, and leadership. Together, these signs fill July with warmth, loyalty, and vibrant energy.

Notable Quotable

"Life literally abounds in comedy if you just look around you."
~ Mel Brooks



THE POINTER

MONTHLY NEWSLETTER

MEMORY CARE

JULY 2026

July Special Events

**7/2 Pet Therapy Visit
Cristina & Enzo
10:30am-11:30am**

Come enjoy the comfort and joy of our four-legged friends!



**7/22 Family Dementia
Support Group Dinner
Led by Mission Health
w/ Licensed Clinician**

Join us for an evening of connection, support, and helpful resources.



**7/26 Classic Car Show
11:00am-1:00pm**

Rev up your engines and join us for a fun-filled morning of classic cars and community spirit!



**7/31 Family Bingo Night
5:00pm-6:00pm**

Bring the family and enjoy a night of bingo, laughs, and prizes!



Management Team

Executive Director
Georgianna Mendez

Sales Director
Lorena Arriaga

Activities Director
Myra Rubin

Executive Chef
John Schoeberl

**Assisted Living
Director**
Kristina Zimmerman

**Memory Care & Sage
Director**
Miguel Silva

Spiritual Life Director
Rabbi Karen Sherman

Maintenance Director
Rick Castaneda

Mother's Day 2026

A heartfelt thank you to all the families who joined us for our beautiful Mother's Day Brunch 2026 celebration. It was truly a joy to gather together and honor the wonderful mothers and mother figures in our community. A special thank you to Executive Chef John and his talented culinary team for creating such a fabulous and delicious brunch that made the day so memorable. We are grateful to everyone who helped make this celebration so warm, elegant, and full of love.



A Note From Georgianna

Dear Residents and Families,
While we certainly need the rain to nourish our surroundings, I must admit that I am thoroughly enjoying these summer-like days! Things are bustling here at Heritage Pointe, and it is truly exciting to witness all the ongoing improvements...

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